

Connect & Release:

A VocalEase Workshop Retreat for women and men with Improvisational Vocalist Joanna Finch at **Ocean Resort in Oyster Bay, Vancouver Island** www.oceanresort.ca **September 11- 13th**.

Bask in the beauty of Vancouver Island's restful retreat centre. Sing your life's passion, play with sounds from within you and around you; create poetic story songs with others. Discover your new voice while taking the time you need for rejuvenation at this restorative weekend retreat.

We will be working with world improvisational voice music, movement and spoken word. Always unique, always amazing, this way of making music is truly mind blowing, soul stirring and wonderfully fun.

This weekend offers an ideal setting for couples, friends and strangers to connect in a meaningful and pleasurable way. It is an opportunity to give yourself a treat that you will never forget: 2 days of feeling good vibes that come from you! You don't have to be a singer or musician to participate. All voices and ages are welcome. Bring a journal and a willingness to open up to the magic and mystery of improvisational group singing.

Saturday 10:00am - 9:30pm with time for strolls, nourishment and reflection, interspersed with improvisational toning, harmony and rhythm games, dancing and laughter. We will take our songs to the beach and into the woods to create deep listening and nature's orchestra. (Arrive Friday night to settle in)

*Sunday is from 10:00 am to 5:00 pm. Begin with stretching, toning and authentic movement/ voice to awaken the body and voice, while Santo plays didgeridoo. The day will progress with a harmony circle, free form spoken/sung word expression, and many partner and group vocal explorations. *Ocean Resort All-inclusive Special:* \$435.00. For inquiries and registration please contact Ocean Resort www.oceanresort.ca 250-923-4281.

Early bird special: \$385.00

Paid in full by August 31st to get ocean view rooms and \$50.00 off. Limited space, please enroll early. Deposit \$50 to Jobird MUSIC Box 206 Cumberland V0R1S0 by August 31st stating "all inclusive" or "day guest" to reserve your place in peace. *Day guests welcome-* \$270.00 for *both* days. *Price includes lunch for both days.* Early bird special applies! * Plan to attend both days. Single day packages available upon request.

Contact Joanna for info. 250 336-2474.

info@joannafinch.com www.joannafinch.com click on VocalEase for complete listings